

Camp Highlights

Our aim is to improve the skills and understanding of all participants. The camp will concentrate mainly on teaching individual skills, position training and game situations that are the foundation of every good player. You will find the staff very knowledgeable and personable with an 8:1 athlete:instructor ratio. We feel it is easiest to learn when you are having fun, and it is important to us that you enjoy the camp as well as learn a lot about volleyball.

CAMP FEATURES

- ⊕ Direct instruction will be provided by Glendale Comm. College Head Coach Lisa Stuck.
- ⊕ Comprehensive sessions for all skills, including serving, passing, setting, hitting, blocking, digging etc....
- ⊕ All sessions held in an air conditioned Gymnasium at Glendale Comm. College 59th Ave and Olive.
- ⊕ Groups will be divided up by skill and experience.
- ⊕ One coach per 8 players
- ⊕ Camp T-shirts
- ⊕ (T-shirt & size not guaranteed if registration is received after May 17th)

GCC SUMMER CAMP
CLUB ARROWHEAD INC
PO BOX 6267
PEORIA, AZ 85385
WWW.CLUBARROWHEAD.COM

12TH ANNUAL GCC VOLLEYBALL CAMP

HOSTED BY:



MONDAY, TUESDAY & WEDNESDAY
JUNE 14, 15 & 16
AT GLENDALE COMM. COLLEGE
59TH AVE & OLIVE

GCC SUMMER VOLLEYBALL CAMP



COME TRAIN WITH HEAD COACH
LISA STUCK

Lisa completed her 12th season as Head Coach of the Gauchos. In each of the past 10 seasons, Glendale Volleyball has earned a berth in the Region I Championship Tournament. This year the Gauchos won the **2009 ACCAC Region I Championships** and finished **10th at the NJCAA DII National Tournament** in Wisconsin Dells, WI. In **2008 the Gauchos were ACCAC Conference Champions**. The Gauchos were Region I runners-up in 2007 & 2004.

In 2002 The Gauchos won the Region I Championships and finished 3rd at the NJCAA National Championships in Toledo, Ohio. In 1999 she guided the Gauchos to their third consecutive appearance at the NJCAA National Tournament. She has received **4 District Division Coach of the Year Honors** as well as **American Volleyball Coaches Association (AVCA) Tachikara Jr.College/Southwest Region Coach of the Year**. She is the **2008 ACCAC Coach of the Year and was 2005 ACCAC Co-Coach of the Year**. From 2002-2004 she served as **Head Coach of the USA Volleyball High Performance Team for the Arizona Region**; an elite youth program designed to identify upcoming talent for the USA National Volleyball Team. In her tenure at GCC, she has produced 9 NJCAA All Americans and 6 NJCAA National All Tournament recipients. Previously, she spent 3 seasons as the assistant coach at Northern Arizona University.

Prior to NAU, Lisa was the Head Coach at Mesa Community College for 5 years. Lisa is a graduate of Arizona State University where she enjoyed a very successful volleyball career. She was ASU's first All-American volleyball player and was the first ASU volleyball player to be inducted into the ASU Athletic Hall of Fame. She has competed in two U.S. Sports Festivals, the World University Games, and toured with the U.S. National Team. She is a valley native and a product of Apollo High School.

Session #1 Advanced Position Camp \$150.00

Dates/Time: June 14-16 9:00am-12:30pm

Check-in: Mon. June 14th at 8:30am

- 8th grade* level with minimum two years club experience (incoming in fall 2010) thru 12th grade
- Specialization in their position (need to Choose one: DS, setting, middle hitter, outside hitter)
- *Per camp staff approval

Session #2 - Beginner/Intermediate \$150.00

Dates/Time: June 14-16 1:00pm-4:30pm

Check-in: Mon. June 14th 12:30 pm

- 4th-9th Grade level with 1 year or no club experience (incoming fall 2010)
- Train in all fundamental areas of volleyball (passing, setting, serving, hitting, defense)
- Individual and team defensive concepts.

***Please note**-Balance is only refundable upon receipt of a valid original physicians note which states illness or injury prior to participant check-in on June 14. No refunds on or after June 1st. \$60.00 Refund prior to June 1st cancellation.

CLUBARROWHEAD.COM

Phone: 623-878-9627

or 623-486-3879

Mail Registration & Payment to:

**Club Arrowhead
C/O GCC Summer Volleyball Camp
P.O. BOX 6267 Peoria, Az 85385**

Payment Options:

**Payment options: Check payable to
Club Arrowhead, Paypal, or call in
credit card.**

******* All sessions are held at *****
Glendale Comm. College.
***** 59th Ave and Olive *******

**Only \$150 for 10 ½ hours of complete
training in volleyball skills
Limited space available!!**

(Check one session

- Session #1 Advanced (circle ONE: DS, Setting, Middle Hitter, Outside Hitter)**
- Session #2 Beginner/Intermediate**

Name _____
Address _____
City/State/Zip _____
Phone _____ Grade(Fall10) _____
EMAIL _____
School _____
Club Team/Coach _____
T-shirt size (adult sizes) S M L XL
Referred by _____

Medical/Liability Release Form

I (we) _____ the legal guardian of _____ authorize the camp and all those associated with the camps to administer general first aid treatment for any injuries received to my child during the camp. If their injury sustained is life threatening, or in need of emergency treatment, I authorize the camp or its representative to summon any or all professional emergency personnel to attend, transport and treat my child.

If the injury sustained requires hospitalization, I understand that I, or medical insurance company is solely responsible for all bills and claims that may be filed as a result of any injury.

By signing this medical release and liability form, I understand that I will not hold Club Arrowhead Inc. or GCC & their representatives responsible for any injury sustained to my child or for any other reason while my daughter is participating in the camp.

X _____
Insurance Co. _____
Insurance Co. Address _____
Name of Policy Holder _____
Policy Number _____

Other Health/Accident Coverage _____
*No Refunds on or after June 1st Late registration after June 2nd \$170.00

Detach and make check for \$150 to:
Club Arrowhead
C/O GCC Summer Volleyball Camp
P.O. Box 6267
Peoria, Az 85385

