

2010 SUMMER CLINIC/CAMP REGISTRATION FORM

Please check (✓) all that apply:

TITLE	DATES	TIMES	COST
() Libero Camp I	6/1 to 6/4	9:30 a.m. to 12:30	\$150
() OH Camp I	6/1 to 6/4	9:30 a.m. to 12:30	\$150
() Setters Camp I	6/1 to 6/4	1:15 p.m. to 4:15 p.m.	\$150
() MB Camp I	6/1 to 6/4	1:15 p.m. to 4:15 p.m.	\$150
() Volleyball for Beginners	6/7 to 6/10	9:30 a.m. to 12:30	\$150
() Libero Camp II	6/7 to 6/10	9:30 a.m. to 12:30	\$150
() Setters Camp II	6/7 to 6/10	1:15 p.m. to 4:15 p.m.	\$150
() MB/OH Camp II	6/7 to 6/10	1:15 p.m. to 4:15 p.m.	\$150
() Volleyball for Jr. H. S.	6/14 to 6/17	9:30 a.m. to 12:30	\$150
() Practice Makes Perfect	6/14 to 6/17	1:15 p.m. to 4:15 p.m.	\$150
() Serving & Let's Play Ball I	6/21 to 6/24	9:30 a.m. to 12:30	\$150
() Serving & Let's Play Ball II	6/21 to 6/24	1:15 p.m. to 4:15 p.m.	\$150
() Plyo's & Conditioning	6/1 to 6/24	4:30 to 5:30 (4 weeks)	\$175
() Hitters Camp	6/1 to 6/23(M/W only)	4:30 to 5:30 (4 weeks)	\$175
() Hitters Camp	6/2 to 6/24(T/Th only)	4:30 to 5:30 (4 weeks)	\$175
() Plyo's/Hitters Combo	6/1 to 6/24	4:30 to 5:30 (4 weeks)	\$275

Name _____ Grade Fall 2010 _____
 School Attending Fall 2010 _____
 Address _____ City _____ Zip _____
 Home Phone _____ Work Phone _____
 Cell Phone _____ Email _____
 Prior Playing Experience _____

Payment in full is required at time of application. ALL AREAS OF THIS FORM MUST BE COMPLETED.
 Spaces are limited, so please act quickly. Walk-ups add \$10. Cash only at the door.

PLEASE RETURN THIS FORM WITH PAYMENT IN FULL TO: 3936 W. Banff Lane, Phx., AZ. 85053

CASH/CHECK PAYABLE TO: AZ DESERT SKY

MEDICAL RELEASE APPROVAL

Name of Participant _____
 Past Health _____ Past Injuries _____
 Present Medications _____ Drug Allergies _____
 Other Allergies _____
 Insurance Company _____ Policy Number _____
 Policy Holder _____ Group Number _____
 Insurance Company Address _____
 Insurance Company Phone Number _____

I verify that my child has been checked by a licensed physician and is physically able to participate in the AZ Desert Sky Volleyball Camps. I hereby agree that I will not hold AZ Desert Sky, Greenway H.S., Glendale Union H. S. District, its' director(s), its' employees or its' contractors responsible for any loss, damages or personal injury incurred as a result of participation. I hereby authorize the director's of the Volleyball Camps to act for my child according to their best judgment in an emergency requiring medical attention. I agree to allow my child to be treated by a licensed physician (if necessary) and I will assume all costs related to such treatment. I authorize my insurance company to pay benefits and I also authorize the disclosure of medical information to my insurance company for the purpose of the claim. I give my child permission to participate in the Volleyball Camps offered by AZ Desert Sky. _____ **(Parent or Guardian Initial)**

PARENT OF GUARDIAN SIGNATURE _____ **DATE** _____

LIBERO CAMP I

Open to boys and girls entering 7 – 12 grades. For Liberos stress will be placed on Footwork, reading the hitter, positioning, and backcourt attacking. This is a great camp for a hitter wanting to play all the way around on the court. Cost \$150
June 1 – June 4, Tues.-Thurs., 9:30 a.m. to 12:30
Registration Deadline: May 20

OH CAMP I

Open to boys and girls entering 7 – 12 grades. For OH stress will be placed on footwork, transitioning, blocking and all types of hitting as well as defense across the back. Cost \$150
June 1 – June 4, Tues. – Thurs.
9:30 a.m. to 12:30 Registration Deadline: May 20

SETTERS CAMP I

Open to boys and girls entering 7 – 12 grades. For Setters stress will be placed on Footwork, hands and executing a 5,C,1, A, intro. of quick sets, and right back defense. This group will go live with the MB I camp
Cost \$150 June 1 – June 4, Tues.. – Fri., 1:15 p.m. to 4:15 p.m. Registration Deadline: May 20.

MB CAMP I

Open to boys and girls entering 7 – 12 grades. Special emphasis on all types of hitting, tipping, roll shots and blocking with transitions. Footwork and form are stressed. This group will go live with the Setters camp.
Cost \$150 June 1 – June 4, Tues. – Thurs., 1:15 p.m. to 4:15 p.m. Registration Deadline: May 20

VOLLEYBALL for BEGINNERS

Open to boys and girls entering 4th grade or higher. No experience needed. All basic skills will be taught with an emphasis on footwork, form and overhand serving.
Cost \$150 June 7 - 10, Mon.-Thurs., 9:30 a.m. to 12:30
Registration Deadline: May 20

LIBERO CAMP II

Open to boys and girls entering 9 – 12 grades prior playing experience required. Liberos will be taught back row attacks, advanced passing skills, rolls, pancakes, and how to run a defense. Serve receive will be stressed.
Cost \$150 Registration Deadline: May 25
June 7-June 10, Mon. – Thurs.,9:30 a.m. to 12:30

SETTERS CAMP II

Open to boys and girls entering 9 – 12 grades. Setters will be taught shoots, quicks, jump and spin setting. This group will go live with the MB/OH. Prior setting experience required. Cost \$150
June 7-10, Mon.-Thurs., 1:15 p.m. to 4:15 p.m.
Registration Deadline: May 25.

MB/OH CAMP II

Open to boys and girls entering 9 – 12 grades. Special emphasis on all types of hitting (terminating the ball) utilizing shoots, 1's, slides, swing offense, & combo plays. Footwork emphasized. Prior playing experience required. Will combo with Setters Camp II.
Cost \$150 June 7-10, Mon.-Thurs., 1:15 p.m. to 4:15 p.m. Registration Deadline: May 25

VOLLEYBALL FOR Jr. H. S.

Open to boys and girls entering 6th through 8th grades. A review of all volleyball skills. Introduction of floater and jump serving, placement hitting, and defensive and offensive transitioning. Cost \$150
June 14-June 17, Mon.-Thurs., 9:30 a.m. to 12:30.
Registration Deadline: May 25

PRACTICE MAKES PERFECT

Open to boys and girls 7 -12 grades with prior playing experience required. A very **intensive** session where fine tuning of skills necessary to succeed at the Varsity level are pushed. Players will work on those skills needed for their positions. Cost \$150
June 14 to June 18
1:15 a.m. to 4:15. Registration Deadline: May 25

SERVING & LET'S PLAY BALL I

Open to boys and girls entering Jr. H. S. through H. S. Special emphasis on all types of serving, positioning, and transitioning. Game-like drills will be utilized to improve overall skills. Team skills are taught. Cost \$150. Mon. – Thurs. June 21 to June 24, 9:30 a.m. to 12:30. Registration Deadline: May 25

SERVING & LET'S PLAY BALL II

Open to boys and girls 9 -12 grades with prior playing experience required. Special emphasis on all types of serving. Defense vs. Offense will be stressed. High Level game-like drills will be utilized to improve overall skills. Cost \$150. Mon. – Thurs. June 21 to June 24, 1:15 p.m. to 4:15 p.m. Registration Deadline: May 25

PLYO'S & CONDITIONING

Prepare to work hard. Increase your vertical, foot speed, core strength, power & get in shape for volleyball. Special emphasis will be placed on improving your JUMP! Meets 4 weeks from 4:30 to 5:30 p.m. 6/1 – 6/4, 6/7-6/10, 6/14-6/17,6/21 - 6/24
Cost \$175.Reg. Deadline: May 20th

HITTERS CAMPS

Learn the proper technique for all types of hitting utilizing solo spikes. Improve your vertical. Maximize endurance. Understand hitting mechanics. Video capture and analysis. Meets 4 weeks from 4:30 to 5:30 p.m. 6/1 – 6/4, 6/7-6/10, 6/14-6/17,6/21 to 6/24 **Choose M/W or T/TH.** Cost \$175.Reg. Deadline: May 20th

PLYO'S/HITTERS COMBO

A four day a week course for 4 weeks where you do the hitters Camp 2 days a week and the plyo's camp the other 2 days. Meets 4 weeks from 4:30 to 5:30 p.m. 6/1 – 6/4, 6/7-6/10, 6/14-6/17,6/21 to 6/24. Cost \$275
.Reg. Deadline: May 20th

Most camps and clinics will use video cameras, laptops, dartfish technology, solo spike machines and the attack II, to help improve a player's skills. Video capture and analysis at all advanced clinics.

ARIZONA DESERT SKY VOLLEYBALL CLUB

PROUDLY PRESENTS

2010 SUMMER CAMPS/CLINICS



All sessions are held at: Greenway H. S.
3930 W. Greenway Rd.

Questions? Contact: Linda Rodl
602.451.9506 www.azdesertsky.com

Coaching Staff:

Linda Rodl- Scottsdale Christian Academy
Varsity Head Coach (6 yrs.), 2006 2AState
Champions, AZ Desert Sky Club Director,
CAP II certified

Sarah Peterson -Greenway H.S.Varsity Head
Coach, AZ Desert Sky 16's Coach, CAP II

Andy Book: Desert Foothills 8th Grade Head
Coach, AZ Desert Sky Hitting Coach, CAP I

Julie Southwick – SCA Coach,Des.Sky 18-1's

Richie Tang – Des. Sky 18-2 Millenium HS

Carly Price – Des. Sky 12's Coach,

Emily Draper – Grand Canyon University –
Setter

Kayla Kane – Deer Valley H.S. – Setter,
Libero, OH

*We purposefully keep our Instructor to Student
Ratio at 1:5 OR LESS to maximize learning!*