

Arizona Region of USA Volleyball Player Code of Conduct

The Arizona Region is committed to creating and upholding traditions of excellence through volleyball, focusing on responsibility and accountability. Everyone involved in the sport of volleyball is responsible for his or her own behavior whether on the court, the bench or in the stands.

Athlete's Code of Conduct

As an athlete, I:

- Will take care of my body.
- Will participate in volleyball alcohol, tobacco and drug free.
- Will work hard and honestly to improve performance and participation of not only myself but my team as well.
- Will use positive verbal and physical behavior, controlling my temper and aggression towards my opponents, teammates, coaches, officials, spectators and tournament personnel.
- Will play by the rules of volleyball.
- Will treat all those involved in the match with dignity and respect.
- Will meet all requirements in the classroom
- Will give true information concerning another individual's involvement in or knowledge of an incident relevant to a violation of the rules.
- Will treat others as I wish to be treated
- Will respect the property of others
- Will maintain a positive image of myself by participating for enjoyment.